

Northumberland calls

► Savour summer's final days with a jaunt east to Northumberland region ► With a winery, spa, plenty of hiking trails and fishing, there's something to satisfy those who like pampering and those who like roughing it



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With just a handful of weekends left to enjoy all that summer has to offer (not to mention a nice long Labour Day weekend!), it's time to get outdoors to savour it all. Just 2.5 hours east from Toronto by car, Ontario's Northumberland region beckons for just such an adventure — to experience all the fun, outdoorsy stuff childhoods are made of — intermingled with a few of the luxuries best enjoyed as an adult.

Located on a secluded inlet of the Trent River, the Windswept on the Trent B&B offers cottage-style accommodations with a twist. Families will enjoy staying in the inn's three-bedroom wooden water tower, originally built in the '40s, overlooking the river.

Couples, on the other hand, will enjoy the barn-loft style accommodations of the Coach House, where large red doors sweep out onto a balcony looking down onto the water, an alcove with a stand-alone bathtub and a plush bed create a true country-chic experience.

For more family fun, visit Century Game Park near Warkworth; a bison and elk farm that's educational, delicious and offers one of the best views of the county. Learn about the history of bison in Canada, taste some of the



► Enjoy a sophisticated meal at Oak Heights Estate Winery.

local produce including bison sausage paired with cheese by local cheese maker Empire Cheese, while overlooking Trent Hills (best experienced at sunset) and getting up close and personal with the farm's bi-



son and elk. If you enjoy hiking, Northumberland offers plenty of trails. Best experienced in seasons bordering summer — late spring or early fall — the stretch of the Trans Canada Trail in Northumberland begins in Hastings and stretches 22km along the Trent River, through vast meadows, forest and

marshland towards Campbellford. As one of the most popular outdoor destinations near Toronto, Rice Lake not only offers great water sports but is a premiere fishing destination. John "Sedge" Sedgwick has been offering guided



► Ste. Anne's spa is a great place to relax.

fishing tours with Let's Fish Guiding for the past 12 years.

One of the most honest men you'll ever meet, he welcomes locals and visitors, beginners and experts on four or eight hour tours of Rice Lake and Seymour Lakes — both which he knows like the back of his hand. Be it muskie, pickerel or small mouth bass, kids and adults alike will re-live the joy and excitement of feeling that tug on the line!

Other sites

- **Church-Key Brewing Co.** located in an 1878 Methodist Church outside Campbellford, visit here for a tour or to pick up some handcrafted ales for home. Oak Heights Estate Winery for a light, sophisticated meal on the winery's patio overlooking the vineyard, glass of wine in hand.
- **Oak Heights Estate Winery** is a great place for a light, sophisticated meal on the winery's patio overlooking the patio. The view is even better with a glass of wine in hand.
- **Ste. Anne's Spa** Come for a spa treatment and stay for the three-course lunch.

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